

BRAHMA ALL-STAR ATHLETIC CAMPS 2010

BOYS AND GIRLS SPEED CAMP

DATES: JUNE 07 – JULY 22 (Mondays – Thursdays) Will be off week of July 5th.

TIME: 7:00AM – 8:30AM Session I (9-12 Graders as of fall 2010) Session II 8300AM – 10:00 A.M. (7-8 Graders)

COST: \$40.00 each

LOCATION: H.M. KING HIGH SCHOOL WEIGHT ROOM

COURSE FOCUS: To enhance and improve upon the strength and speed of **all** athletes at H.M. King High School.

COURSE DIRECTOR: Robert Wilcox, Athletic Director/ Head Football Coach

TENNIS CAMPS

SESSION I

DATES: JUNE 14 – JULY 01 (Mondays – Thursdays) Will be off week of July 5th.

SESSION II

DATES: JULY 12 – JULY 29 (Mondays – Thursdays)

AGES: 6-18 YEARS OLD (AS OF FALL 2010)

TIME: 8:30 – 10:00 A.M. BEGINNER

10:00 – 11:30 A.M. INTERMEDIATE

COST: \$45.00 EACH SESSION

LOCATION: H.M. KING HIGH SCHOOL TENNIS COURTS

CAMP FOCUS: Basic Fundamentals, technique, ground stroke production, drills, conditioning, singles & double drills, and match play. All players will get a T-Shirt.

CAMP DIRECTOR: Ed Gonzales, Head Tennis Coach

BASEBALL CAMP

DATES: JUNE 15 - 17

TIME: 9:00AM – 12:00PM

AGES: 5th – 9th GRADE (AS OF FALL 2010)

COST: \$25.00 each

LOCATION: H.M. KING JOHN “BILLY” DAWSON BASEBALL FIELD

CAMP FOCUS: Batting, Bunting, Fielding, Throwing, Pitching and Catching.

CAMP DIRECTOR: Jose R. Soliz, Head Baseball Coach

BOYS AND GIRLS SOCCER CAMP

DATES: JUNE 22 – 24

TIME: 6:00 PM – 8:00PM

AGES: 3RD – 9TH GRADES (AS OF FALL 2010)

COST: \$25.00

LOCATION: MOPAC FIELD (On corner of Kenedy & Armstrong Street)

CAMP FOCUS: To enhance and improve upon the Soccer abilities of each athlete.

CAMP DIRECTOR: Wayland Sanders, Head Boys & Girls Soccer Coach

SCHOOL PHYSICALS

DATE: JULY 24TH **ONE DAY ONLY**

TIME: 1:00 PM – 5:00PM

AGES: 7TH – 12TH GRADE (AS OF FALL 2010)

COST: FREE

LOCATION: H.M. KING HIGH SCHOOL GYM

Every athlete 7th grade – 12th grade must have a current UIL physical on file before they can even participate in a sport.

ATHLETIC TRAINERS: Richard Nunez & Cody Smiley

FOR FURTHER INFORMATION CONTACT:

H.M. KING HIGH SCHOOL ATHLETIC DEPARTMENT

JAN SEYFORS, ATHLETIC SECRETARY

361-592-6401 EXT 58