

**"GREAT DAY TO
BE A BRAHMA"**



2010 SPEED CAMP

H.M. KING HIGH SCHOOL

June 08 - July 22



2210 S. Brahma Blvd
Kingsville, TX 78363
78363
Phone (361) 592-6401
Fax (361) 595-9183

More information:
www.kingsvilleisd.com

INSURANCE WAIVER FORM

H.M. King High School



Athletic Department

PARENTS' / GUARDIANS' AUTHORIZATION

I give consent for my son/daughter to participate in the H.M. King Speed Camp. I release Kingsville ISD, any administration, or employees from ANY liability resulting from injury suffered by him/her. My signature acknowledges that I understand private insurance will cover any charges incurred for medical treatment.

**Please bring this form and payment to H.M. King H.S., Attn. : Athletic Department, 2210 S. Brahma Blvd.
Kingsville, Texas 78363
Phone # : 361-592-6401**

Private Insurance Company _____

Insurance Policy # _____

Student's Name (print) _____

Parent / Guardian Signature _____

Date _____

SPEED CAMP

Speed Camp this year will be conducted by the H.M. King High School coaching staff members in accordance with the UIL rules.

The instruction given will be generalized and not sport specific. Although the instruction will be general, every sport uses the same basic foundations such as sprinting, lateral movements, endurance, and jumping.

The program will be structured to enhance the athlete's needs with focus on setting and obtaining goals. The athlete's self-confidence will increase due to their increase in physical activity.

Commercial programs enhance the same foundations as mentioned above but at a higher cost to each individual. With similar programs being conducted by school personnel, the cost is lower and funds generated stay within KISD.

The summer **Speed Camp** will be conducted at H.M. King High School on the athletic fields and weight room. Two sessions are scheduled each day on Monday, Tuesday, Wednesday, and Thursday. The camp will start **June 08** and end on **July 22**. We will not have camp on the week of July 5th.

This camp will be conducted by the H.M. King HS Coaches.

SESSION I
9 - 12 Graders
7:00am - 8:30am

SESSION II
Incoming 7-8 Graders
8:30am - 10:00am

STUDENTS CAN ONLY ATTEND ONE SESSION A DAY

Attendance is not mandatory but kept.

"Make up sessions are not allowed"

The cost of the camp is **\$40.00**

Participants will need to provide their own **shorts**, **shirts**, and **shoes**.
Pre-registration will begin Mon., May 24th, 2010

Please make checks payable to **H.M. King**

Payment/forms should be turned into the High School Athletic Office.

Registration will be conducted when camp starts.

Questions? Please call:

Robert Wilcox, AD
361-592-6401

SPEED CAMP

Name: _____

Address: _____

Home Phone: _____

Father: _____

Contact #: _____

Mother: _____

Contact #: _____

Emergency Contact: _____

Emergency #: _____

Shirt Adult Size: S M L XL XXL

My son/daughter will attend:

Session I Session II

(Please circle ONE)

A physical will be required to participate.

In order to save money, please use the 2010 -2011 KISD athletic participation forms.

Only Cash or Check please!

* **Make Checks payable to:**

H.M. King High School
Attn. : Athletic Department
2210 S. Brahma Blvd.
Kingsville, TX 78363