

Daily Learning Planner

*Ideas parents can use to help children
prepare for school.*

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THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Better in School—Try a New Idea Every Day!

- 1. If your child had a magic wand, what would she change about the world?
- 2. Have everyone write down two positive things about each member of the family. Read your lists aloud at dinner.
- 3. Let your child cut off the top of a carrot and put it in a shallow saucer of water. Watch the top sprout.
- 4. At bedtime, ask your child about the hardest and best parts of his day.
- 5. Pay your child a compliment today.
- 6. Review spelling words with your child tonight.
- 7. Ask your child to put on a talent show with her friends.
- 8. Dedicate a day to helping the environment.
- 9. Start a family library. Let your child choose his own shelf for books.
- 10. Ask your child to put dry beans between damp paper towels. Keep moist. In a few days, check to see if they've sprouted.
- 11. Start a change collection in a jar. Brainstorm together about how to use the money when the jar is full.
- 12. Ask your child to figure out how many miles your car goes on one gallon of gas.
- 13. Use math to give your child instructions. For example, ask your child to pick up $3 + 2 + 1$ toys.
- 14. Make up a short question. Ask your child to answer with a sentence that rhymes.
- 15. Ask your child to write down the items you need before you go to the grocery store.
- 16. Take your child to the library today.
- 17. Watch a TV show with your child. Keep track of how much time the commercials take up.
- 18. Ask your child to draw a picture about her day.
- 19. Go on a walk with your child.
- 20. Call your local fire station to set up an upcoming tour for your child.
- 21. Talk about the Golden Rule with your child.
- 22. Write a nice note and tuck it into your child's backpack.
- 23. Have each member of your family make a "me" paper bag puppet. Let the puppets discuss good things about family members.
- 24. Have your child teach you something he's learning.
- 25. Have your child write directions for making her favorite sandwich, then follow them together.
- 26. Let your child read you the directions for a recipe.
- 27. Count the days until a special event. Link that number of paper strips to make a chain. Remove one link each day leading up to the event.
- 28. Practice counting to 10 in another language with your child.
- 29. Talk about tricky pairs of letters. Help your child distinguish between *w* and *m*, *n* and *u*, *b* and *d*, *i* and *l*.
- 30. Tie a string between two chairs. Use a balloon and play indoor volleyball with your child.
- 31. When grocery shopping with your child, teach him to look at the expiration dates.



Helping Children Learn
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